



Recovery Through the Steps  
Unity Through the Traditions  
Service Through the Concepts

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Topic: "Fully Self-Supporting"

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**Proofreaders:** Stephanie R. and Connie D.

**Web Version Proofreader:** Connie D.

# Northern Hi Lights

*Al-Anon News from New York North Area*

## Thoughts From Our Area Chair:

"Fully Self-Supporting" is the topic of the month. I equate this statement to be a paraphrase of the Seventh Tradition. For me, fully self-supporting means that it's an inside job. I need to take care of my emotional, spiritual and physical needs, as well as my financial needs. I can't rely on others to make sure my needs are met, or for my happiness. I can't expect others to know what I need. I need to take responsibility for my needs and happiness by working on my emotional and spiritual self. **How do I achieve this? By attending my meetings, by reading Conference Approved Literature (CAL) and working an honest, open and willing program, one day at time.** I find that I need to be gentle with myself as well as with others. I am learning that what others say and do isn't a reflection on me, and that it isn't always about me; they make their choices just as I am free to make mine. I need to respect their choices, as I hope they will respect mine.

"Fully Self-Supporting" means we need to be responsible for our groups and the continuity of the program.

- Are we meeting the needs of our Groups - financially, emotionally and spiritually?
- Are we contributing to the well-being of the Group by performing service?
- Are we taking care of our basic needs of paying rent, and having literature available at our meetings?

Area Chair continued on next page...

**Northern Hi Lights** is the monthly service publication of the New York North AFG Assembly Area. It is intended to keep the Area informed of all service related projects and activities at the District, AIS, and Area levels in between Assemblies. It will not contain poetry or personal recovery stories. Content of each issue will include service reports from the Delegate, Officers, and Coordinators of the Area and pertinent service topics from the World Service Office. Reports from Districts and Information Services will be included as space allows. *Announcements should be submitted at least 6 weeks before Event.* **Northern Hi Lights** is not copyrighted. It is not conference approved literature.

**Email submissions by the 15th of the month prior, to: [newsletter@nynafg.com](mailto:newsletter@nynafg.com)**

Groups are requested to pay for a subscription at \$7.50 per year. A copy is sent to the Group Representative of each group on record with the Group Records Coordinator unless we have specific instructions about a Group Mailing Address. The address label is on the back page.

**For more information visit the following websites:**

New York North: [www.nynafg.com](http://www.nynafg.com)

WSO: [www.al-anon.alateen.org](http://www.al-anon.alateen.org)

- Do we make our program known to the public?
- Do we offer a safe and loving environment for the families and friends of alcoholics that come into our rooms looking for the help we have received?
- Are we making sure our Group Representatives (GRs) can attend District and Area functions without having to sacrifice their own finances to do so?
- Are we supporting our levels of service? Al-Anon is self supporting, declining outside contributions.

These are just some of the questions that should be answered when determining if we are 'Fully Self-Supporting.' We can't rely on others or outside influences to support us. To be truly "Self-Supporting" means coming from within, be it in our groups or as individuals, to take care of our own needs.

**Marie N. has resigned as our NYN Public Outreach Coordinator. Thank-you Marie for your service to the New York North Area. If you would like to fulfill the remainder of Marie's term as Public Outreach Coordinator please get in contact with me.**

Our Delegate, Ruth, will be attending the World Service Conference (WSC), April 25th – April 29th, at the Wyndham Virginia Beach Oceanfront in Virginia Beach, Virginia. **This year's theme is "World Service Conference: Our Spiritual Principles in Action."** Please be with Ruth in "Spirit" by sending her a note or card of encouragement and appreciation for her service to our wonderful program. (Ruth's mailing address at the WSC can be found in the March issue of the newsletter.)

April 5th is our **AWSC (Area World Service Committee) meeting** where the New York North (NYN) Officers and Coordinators, along with District Representatives, will gather to set the agenda for the Spring Assembly. In the May edition of the *Northern Hi-Lights* I will give you more information on the Assembly Agenda. This information will also be available prior to the Assembly on our website. We need to hear from all Groups within the Area as we make decisions that affect our Area.

**I encourage each Al-Anon/Alateen Family Group in the NYN Area to send a representative to the Spring Assembly in Niagara Falls.**

Sending your GR to the Assembly is your Group's direct link and connection to the Al-Anon Worldwide Fellowship. The *Service Manual* states the following: "A Group that fails to have a Group Representative denies the members a voice and causes a break in the link of communications." All

Al-Anon/Alateen members are invited to attend the Assembly meeting; however, each Group has only one vote in Area business.

Let It Begin With Me,

**Pam A.**

## Convention Chair:

Spring is in the air. We have set our clocks ahead; the days are getting longer and the weather is getting warmer. This means we need to plan for the 2014 Spring Assembly/Convention in Niagara Falls from May 16-18, 2014. If you are going to attend, please send in your registration form as soon as possible. It helps the host committee plan better. The registration form can be found either online at [nynafg.com](http://nynafg.com) or in the Northern Hi Lights.

While visiting Niagara Falls, please remember that **if you plan to cross into Canada, you will need either an enhanced drivers' license or a passport.** The view of the Falls from the Canadian side is spectacular. You might want to keep that in mind.

The Spring Assembly/Convention Committee is always looking for donations to the hospitality room and theme baskets for their raffles. If you or your Group or District would like to donate, please send your donation to: NYN AFG 2014 Spring Assembly/Convention, P.O. Box 126, Depew, NY 14043, ATTN: Hospitality.

Looking forward to seeing everyone at the Falls. If you have any questions or concerns, please contact me at [convention@nynafg.com](mailto:convention@nynafg.com). I will help you in any way I can.

Yours in Service,

**Maureen K.**

### SENDING DONATIONS TO NEW YORK NORTH

Donations should be sent by check or money order.  
DO NOT SEND CASH!!

Make payable to:  
NYN Area Assembly  
PO Box 398  
Morrisonville, NY 12962  
Add Group's registered name &  
the Group's ID Number (Very Important)

## Area Delegate, Panel 52:

Dear NYN Friends,

Well, last weekend was the Northeast Regional Delegates (NERD) meeting. It was a great weekend to meet with delegates from all the Areas of the Northeast Region. There were 44 past and present delegates and trustees in attendance. Some of the sharing was directed to the new delegates who will be attending their first World Service Conference at the end of April. There was also a lot of sharing on what is going on in the Areas of the Northeast Region; both good things, and some not so good things. I fully enjoyed the weekend; in part, because of my traveling companions. There were three past delegates with whom I traveled and roomed: Anne F., Connie D., and Elaine R. I never thought I would say it, but I am very glad to say I am a NERD.

I will be traveling to my last World Service Conference at the end of April. I cannot believe how quickly the time has gone by. I was able to practice a little at NERD when the outgoing delegates each presented their three-minute talks. I didn't get too teary until the last couple paragraphs of mine. Hopefully, at Conference, I will be able to do the whole thing without being teary.

***Just want to remind everyone that I would love to receive a card or note from you or your group while I am in Virginia Beach. Also, if you can send any "love gifts" that I can share with the other delegates, who will be taking them back to their Areas, that would be wonderful. Mail should be sent so that is delivered on or after April 21. The World Service Conference is from 4/25-4/29. The address is: My name (Hold for WSC April 25-29, 2014)***

***Wyndham Virginia Beach Oceanfront  
5700 Atlantic Ave.***

***Virginia Beach, Virginia 23451***

One final note, the Board of Trustees is looking for a qualified AI-Anon member to serve as an at-large member of the Audit Committee. Resumes from those interested are due in to the World Service Office (WSO) by April 26<sup>th</sup>. For those interested, you need to have financial expertise as pertains to auditing. The term is for 1 year with a possible renewal of up to 6 years.

The requirements for time and travel are:

1. One face to face half-day meeting in Virginia Beach on a Saturday in late February with the full committee, the Director of Business Services and the auditors to review the audit. This implies arriving the evening before and leaving Saturday afternoon. All reasonable expenses for flights, hotel room and meals will be reimbursed. Travel to and from the hotel is provided.
2. One conference call meeting of several hours in late October with the full committee and the auditors to plan the up-coming audit. This may be a week day.
3. During the year, there will be email exchanges, and there can be one or two conference calls arranged to fit everyone's schedule.
4. At-large members are expected to help the committee with their experience and expertise and may be called upon to provide training to other members of the committee.

If you are interested in this service opportunity, please contact me, [delegate@nynafg.com](mailto:delegate@nynafg.com). I have the resume you need to complete. Again, the deadline is April 26, 2014.

Gratefully in Service,

**Ruth S.**

Deadline for submissions to the May 2014 issue of NHL is

April 15, 2014

Topic: "Participation is the Key to Harmony"

## Immediate Past Delegate:

“Fully Self Supporting,” a term we have come to know as a result of studying the Seventh Tradition. Many think it has only to do with money, but in Al-Anon we learn it has a broader meaning; it is a principle that also incorporates my sharing of my time and my talents to help provide a way for the jobs within our Groups, Districts, Areas and even our world service structure to be accomplished. Stop and think; where do the stories in the *Forum* magazine originate? Would we be able to have this monthly publication if the members did not share their experience, strength and hope through the written word? Members also share via the World Service Office (WSO) website on blogs and in other current forms of media technology. When a new book is to be published, it is the worldwide membership that provides the material to be incorporated.

Members give of their time and talents by serving in a variety of ways in the business structure of the fellowship. You may begin as your Group’s secretary, treasurer or chairperson. In time you may take on the GR (Group Representative) position, where you become the Group’s link to the District and the Area Assembly and ultimately, the WSC (World Service Conference). As we look at the links of service, we know that some GRs go on to become District Representatives (DRs), Area Officers and Coordinators; and some will serve as their Area’s Delegate to the World Service Conference. Others may serve as members of the World Service Board of Trustees or the Executive Committee. All of these positions are voluntary and receive reasonable reimbursement for expenses incurred. ***The benefits of this service in using the principles of the program are beyond our wildest dreams.***

Character traits of responsibility, personal integrity and inner strength are developed as a result of learning to be self-supporting. Communication is essential, and as a result, this trait will also improve. Rotation of service teaches us that we don’t own any of the positions we hold, and service sponsorship teaches us how to ask for help when we are not sure or need help working through a situation or problem.

When it comes to being self-supporting financially, there are a number of ways in which we can make this possible. All of our meetings ask us for a voluntary contribution to aid the Group in meeting its financial responsibilities. I am free to give whatever my personal finances allow me to do. This is also true when my Group receives the quarterly appeal from the WSO. Four times a year the Treasurer of the WSO sends an appeal letter to

all registered Groups for individual members to make a personal donation to Al-Anon. This is my opportunity to financially give back for some of what I have been given. This donation is separate from what a Group, District, Area Information Service (AIS) or Area might make to the WSO. I can also make donations to the WSO to honor another member on their birthday, or at the time of their death. I might even consider leaving a bequest; see pages 95-96 of the *2014-2017 Service Manual* (P-24/27).

Al-Anon is one of the few organizations where I have experienced the principle of truly being self-supporting; a principle which I can also use in my personal life. A look at the financial statement in the *Annual WSC Summary* shows me how well this principle can be carried out in providing for our Al-Anon fellowship, a worldwide organization.

***Are you, and the Groups that you attend, helping to make Al-Anon self-supporting both financially and by giving of your time and talents? If not; why not?***

Grateful to be in service,

**Elaine R.**

### KEEPING ALATEENS SAFE

Our New York North (NYN) Area **revised *Alateen Guidelines and Requirements*** are on the New York North website under newsflash. The black lettering is the original wording, red lettering is removed text and green lettering is the revised or reworded text as needed.

**Please print these off so you can review them with your District, Groups and yourself, as we will be addressing these at the Assembly this spring.**

**On the new, updated members’ website [www.al-anon.alateen.org/members](http://www.al-anon.alateen.org/members) there is an *Alateen Service e-manual* that can answer many of your questions if you are thinking about starting an Alateen group.**

## Area Treasurer:

Hello NYN Family,

WOW! Everyone is doing a great job of including your group # on the donations! BUT, some of you may be wondering why your donation wasn't listed when you sent it way back in January. Well, I am still receiving a LOT of mail forwarded from the prior PO Box. **Please remember to use the current mailing address of: NYN Area Assembly, PO Box 398, Morrisonville, NY 12962.** Thank you.

Thank you to the following Groups and Districts for your donations in February and early March:

Caring & Sharing, Gr #9763	\$ 45.00
Serenity at Noon, Gr #502088	\$ 15.00
Simple Serenity, Gr #30515912	\$ 25.00
Serenity Seekers, Gr #501783	\$ 10.00
Cortland Thurs Night, Gr #9696	\$ 30.00
Potsdam ODAT, Gr #47105	\$ 25.00
Queensbury, Gr #9765	\$ 30.00
Queensbury, Gr #9765	\$ 50.00
District 12	\$ 50.00
Ithaca Thurs Night, Gr #500601	\$ 40.00
Madison Irving, Gr #45551	\$ 21.50
Canandaigua Woman's 12&12, #66032	\$ 25.00
Sage Ruddy Dividend check	\$ 33.74
District 29	\$100.00
Bolivar Discussion, Gr #502378	\$ 25.00
Buffalo Downtown, Gr #9636	\$ 10.00
Delhi, Gr #9704	\$ 80.00
Courage to Be Me, Gr #30562795	\$ 10.00
Queensbury, Gr #9765	\$ 30.00
Fayetteville, Gr #9742	\$ 25.00
Angola Awakening, Gr #30615135	\$ 5.00
There was one payment for the <i>Northern Hi Lights</i> subscription.	

Expenses through March 10: Ruth S. \$ 85.00

**Balance as of March 10: \$7954.73**

THANK YOU for your continued support of our Area.

This month's topic, "fully self-supporting," is most definitely demonstrated through the above list of Groups' and Districts' donations to the Area. New York North should take great pride in being financially fully self-supporting. However, financially is not the only way that we need to demonstrate that we are fully self-supporting. We need to be able to support our Area, our District, and even our Group with our attendance, our participation, and our service. Looking forward to seeing you at the Falls!

Linda A.

## Literature Coordinator:

Hi Everyone,



Happy spring to all—and how we need it this year! I will be seeing many of you at our Area World Service Committee (AWSC) Meeting on the 5<sup>th</sup> of April. I will be bringing **two** cases of the new **Service Manual 2014-2017 (P-24/27)** as well as the condensed version, **Groups at Work**. Both books cost \$6. The *2014 CAL Catalog* and the *Why Cal?* pamphlet (P-35) will also be available.

This month, our topic is "fully self supporting." Think of our Seventh Tradition, "Every group ought to be fully self-supporting, declining outside contributions." We have an excellent pamphlet on this topic— *S-21*. It says, "We don't accept help from outside our fellowship, but we do reach out beyond our Group to assure that 'When anyone, anywhere, reaches out for help,' Al-Anon and Alateen will be there to provide it."

One of the Groups that I attend offers a "Beginners' Meeting" at the same time as our regular meeting. We all start together in one large group, read the Steps and Traditions, introduce ourselves, and then listen to one of our daily readings and any following comments. It is then that we break for the "Beginners' Meeting," which meets for about 45 minutes. In the "Beginners' Meeting," we follow the *G-2 Guidelines* and read a different piece of literature each week. There is a series of 6 meetings, attended usually by a handful of participants, the new people and 2 or 3 "old timers."

During the 6 meetings we get to know one another and generate a loving, kind atmosphere. Everyone gets to share and ask questions. We're hoping this small group makes it easier for the newcomer to concentrate on their own recovery. It seems to be working. Think about offering a "Beginners' Meeting" if feasible. We're finding it rewarding, since the support that we offer the newcomer comes back to refresh us.

Gratefully,

Pat H.

### SCAVENGER HUNT

**CHALLENGE #14:** Is it okay for Groups or Area Information Services (intergroup) or Literature Distribution Centers to produce or publish their own literature or sell outside literature and/or materials?

**ANSWER:** See pg.107 in your *2014 Service Manual*!

## Alateen Coordinator:

Our topic this month is "Fully Self-Supporting," and it seems particularly appropriate as the New York North (NYN) Alateen Requirements and Guidelines will be one of the agenda items at the Spring Assembly. There are things that we have not been fully self-supporting about over the years, when dealing with our responsibilities to our Alateens. Now is the time to step up to the plate and take responsibility. We cannot change the past, so we must move ahead in a positive way. We have issues that we need to deal with in regards to the whole AI-Anon program, which as you know, is also the Alateen program. Please look over the revised Alateen Requirements and Guidelines and get your comments, suggestions and questions to me before the Assembly, May 17, 2014; as I am working on a committee, and we all have to do this together.

Love in Service,

Lynda S.

## Web Coordinator:

The best part for me, of being Web Coordinator, is dealing with newcomers to AI-Anon. Like many others, I check my email often, and am delighted to see New York North (NYN) as the source of an email. Being retired, with too much time on my hands, it is great to have something to do that is meaningful and allows me to interact in a helpful way. Lots of times, it is a two-way conversation. Just yesterday, I received a "Thank You" from someone who was grateful for my help. I will miss this job when it is time to pass it on.

This month's topic, "Fully Self-Supporting," no doubt comes from Alcoholics Anonymous (AA). It is good for us, too, because it keeps out other interests. We aren't beholden to anyone and can keep the focus on AI-Anon, and not on pleasing a business or religious group. I know of a local district that was offered \$100 by a stranger at their Day of Sharing. I'm sure the man meant well, but it doesn't follow AI-Anon principles.

Another aspect of this is that it calls upon us to be good stewards of the donations we receive from our members and groups, which I observe is happening at NYN. I have, from the first, appreciated what a gentle program AI-Anon is, and

that has kept me coming back. I also witnessed the gentleness of the NYN leadership in handling one of their own, who was no longer up to the task. Good example is the best way to learn, and that was wonderful to witness, and to emulate. Another example is the way we keep sending the *Northern Hi Lights* as a hard copy to those who need it, rather than getting tough. Beautiful.

John O. (short for old)

## Alternate Delegate/ Forum Coordinator:

**TRADITION 7: Every group ought to be fully self-supporting, declining outside contributions.** How does this relate to the *Forum Magazine* and to me personally?

Each Group that is registered is sent a FREE COPY of the *Forum* each month. How can we be self-supporting when every Group gets one for free, whether they pay for it or not? The cost of a year's subscription is \$ 11.00 per year. Even if your Group is small, we should try to cover this cost after we pay the rent, buy literature and purchase supplies. If we do this, we will be supporting our Group and AI-Anon as a whole. I look at it as "Paying our Way." Also, by reimbursing the World Service Office (WSO) for the cost of sending our Group this free copy, we will be helping them to carry the message to other Groups who are trying to become self-supporting (for example, Groups in other countries).

As far as being self-supporting in my personal life, I have come to learn that it is important for me to attend meetings every week, give back to my Home Group financially, do service such as leading meetings, setting up coffee or welcoming newcomers. I also need to support myself financially, physically and spiritually. This means I need to live within my means, eat healthy, exercise and get physical check ups. I need to seek my Higher Power through prayer and meditations, and I need to read the literature.

I do hope your Group is looking for a way to celebrate the *Forum's* 60<sup>th</sup> Birthday. Also, remember if you keep all those older copies in the *Bottom* of the Literature Box, they cannot do anyone good. Pass them on at the end of the year. Give a copy to each member, to newcomers or leave one at your doctor's office.

See you all soon,

Diane C.

## Archives:

Greetings,

This month's topic is "Fully Self-Supporting." In order to prepare my piece for this month, I went to *Hope for Today*, one of my favorite pieces of Conference Approved Literature (CAL). Turning to the "Index," I decided to choose the last page (332) under this month's topic to read and reflect on. Having been overwhelmed lately, I felt my Higher Power (HP) telling me to "Keep it Simple." Boy, was my HP right on target! I often find myself overextended at this time of year, and a page from *Hope for Today* is what my spiritual self needs.

Here is what I relearned about "being fully self-supporting:"

- It rewards me with increased self-esteem and a greater sense of self-confidence
- My sense of worthiness is reinforced
- Helps me make amends to myself
- I am a valuable part of my meetings
- My input really does matter
- The stronger my meetings become, the more my recovery grows
- .....and I contribute to my own recovery in the process

In giving...I receive.

Gratefully in service,

**Kathy M.**

## First-Ever Latin AI-Anon/Alateen Convention

Dear Friends in AI-Anon/Alateen,

I may know some of you from either my Alateen days or from my service as a past Delegate for New York South, Panel 42. I am currently chairing our first-ever Latin AI-Anon/Alateen Convention, US and Spanish-speaking countries, which will be held in New Jersey, during the 4th of July weekend this year. Both the NJ and the NY Hispanic Intergroups have come together to make this convention a reality. This convention is an off-shoot of our annual National Hispanic AI-Anon/Alateen Convention which rotates to a state where there is a Spanish AIS.

**Please share this upcoming event with your members and if you can add it to your calendar of events, we greatly appreciate it.**

Rick B., our Executive Director, will join us and it will be a treat to our friends who will travel from Latin structures who are either employed or do service in their mini WSOs back home (known as General Service Offices or GSOs). Here is our website which is in Spanish: [www.convencionlatinaalanonalateen.com](http://www.convencionlatinaalanonalateen.com). We have an English flyer posted under "More."

Please feel free to reach out at this email [convencionlatina2014@gmail.com](mailto:convencionlatina2014@gmail.com) or to my gmail if you have questions or need help understanding the site.

The registration forms are online and we offer a few different ways for registering. We will be able to accept credit cards now and at the convention. We are planning many fun side events, such as a visit to Stepping Stones (Bill and Lois' home), a NYC tour, and a closing Sunday lunch cruise around NY/NJ harbors with skyline views of the city including the Statue of Liberty.

En servicio, con gratitud y amor, (I know you can figure this out!)

Elizabeth S.  
Panel 42  
New York South

## Newsletter Coordinator:

Report on cost of printing and postage of *NHL* per John O.: John feels he can continue to send out the approximately 30 printed copies of *NHL* for about \$1.00 per copy. Previously we were paying an outside printer \$148.98 for 31 copies. This is a savings of about \$119 per issue. What a great example of doing what we can to be "Fully Self-Supporting!" A big thank you to Pat H. for stepping in for vacationing John O. and volunteering to print the *NHL* this issue, and keep it on schedule. (Together We Can Make It!)

I would like to suggest a **change in the *NHL* stated purpose** to delete the cost of subscription. I would like to suggest that it reads as follows: "A complimentary copy of *NHL* is sent to Group Representatives of each Group on record with the Group Records Coordinator, unless we have specific instructions about a Group Mailing Address. In keeping with the Seventh Tradition, please have your Group consider a suggested donation of \$10/year to help cover production costs. Make checks payable to *Northern Hi Lights*. Mail to NYN Assembly, PO Box 398, Morrisonville, NY 12962."

In addition, I would like to suggest we add: "A topic of the month may be chosen by the editor as a focus for service-related sharings in Officer and Coordinator Reports."

Gwenne R.

## NYN Calendar of Events

Please check website for more information @ [www.nynafg.com](http://www.nynafg.com)

April 5, 2014 Area World Service Committee (AWWC) Meeting

April 5, 2014 District #3 Annual Day of Sharing 9:30am-3pm N. Syracuse, NY 13212

April 5, 2014 District #10 Day of Sharing 9:30am-3pm Dryden, NY 13053

April 21, 2014 Day to begin sending LOVE GIFTS to our Delegate at the World Service Conference

April 24, 2014 District #17 Jamestown Group's 65th Anniversary Pot Luck/Speaker Meeting  
6-8 pm, Jamestown, NY

May 3, 2014 District #5 Day of Fun & Fellowship 9am-3pm Plattsburgh, NY

May 3, 2014 District #2 Day of Sharing 9am - 2pm, Rochester, NY 14616

May 4, 2014 Pioneer Day at the Wilson House, East Dorset, VT 11:00am-2pm

May 16-18, 2014 NYN AFG Spring Assembly and Convention, Niagara Falls, NY

July 4-6, 2014 First Ever Latin Al-Anon/Alateen Convention. See website for more information:

[www.convencionlatinaalanonalateen.com](http://www.convencionlatinaalanonalateen.com) or email [convencionlatina2014@gmail.com](mailto:convencionlatina2014@gmail.com)

### OnGoing:

Fourth Step Inventory with the Courage to Change Group. Last Monday of each month 7-8 pm, following the regular Group meeting at Christ our Light Church, One Maria Drive, Colonie, NY

*New York North's 2014 Spring Convention*

*May 16-18<sup>th</sup>, 2014*

Group rate is available from May 14—19, 2014  
Group rate cut-off is 4/16/2014 and is subject to availability.

*Sheraton at the Falls*

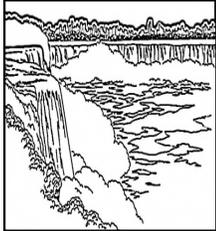
*300 Third, Niagara Falls, NY 14303*

*Please ask your groups to donate baskets for the raffle.  
Also, if you would like to make a cash donation to Hospitality you can do so  
individually on the registration form or if your group would like to donate to  
hospitality, please make checks out to:*

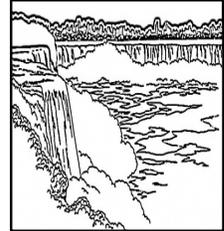
**NYN Area Assembly/2014 Spring Assembly and send to:**

NYN AFG 2014 Spring Assembly/Convention  
PO Box 126,  
Depew, NY 14043  
Attention: Hospitality

**NYN AFG 2014 Spring Assembly & Convention**  
 Al-Anon & Alateen Convention w/ AA Participation  
**May 16–18, 2014**  
 (Hosted by District #1)



**Faith, Fellowship & Fun**  
**At the Falls**



**Sheraton at the Falls**

300 Third St.  
 Niagara Falls, NY 14303 (USA)

**For Hotel Reservations:**  
**1-866-961-3780**  
 Or visit website listed below

If anyone is going to Canada, a Passport or  
Enhanced Drivers License is required.



**Room Rate: \$126.44 per night**  
 For those wanting to spend extra time  
 in Niagara Falls, the group rate is  
 available from May 14–19, 2014  
**Hotel Group Rate Reservation**  
**cut-off is 4/16/2014**  
 And is subject to availability

Located minutes from Interstate I-90, and only footsteps away from the Falls.  
 For directions and on-line hotel reservations visit  
<https://www.starwoodmeeting.com/StarGroupsWeb/booking/reservation?id=1304152819&key=B2C69>  
 Hotel Guest Parking in adjacent city lot—\$5 per night w/ unlimited in & out privileges  
 Check in is 3pm and Check out is 12 noon. Guest reservations need to be secured by a credit card at the time the reservation is made and  
 final payment can be made by credit card, cash, or check (checks only if received 10 business days prior to the arrival date. **Checks will not  
 be accepted on-site**). If payment needs to be made by purchase order, individuals must submit purchase order prior to arrival for approv-  
 al. Purchase order payment is only valid if approved by hotel accounting office in advance.

**NYN AFG 2014 Spring Assembly/Convention Registration Form**  
 Make Checks Payable to: NYN Area Assembly/2014 Spring Assembly

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Are you a new Group Representative \_\_\_\_\_?  
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 Are you registering as Al-Anon\_\_\_\_, Alateen\_\_\_\_ or AA\_\_\_\_?  
 Are you here to attend the Convention? \_\_\_\_\_ or the Assembly \_\_\_\_\_?  
 (Assembly is attended by GRs, DRs, Officers, Coordinators and anyone interested).

## Do you know whom to contact with an AI-Anon related issue?



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NYN AFG Officers & Coordinators for 3 year Term, beginning January 2012			NYN Past Delegates
<u>Delegate:</u>  Ruth S.  <a href="mailto:delegate@nynafg.com">delegate@nynafg.com</a>	<u>Immediate Past Delegate:</u>  Elaine R.  <a href="mailto:ipd@nynafg.com">ipd@nynafg.com</a>	<u>Alternate Delegate:</u>  Diane C.  <a href="mailto:altdelegate@nynafg.com">altdelegate@nynafg.com</a>	<b><u>Panel 4</u></b> Helen S.  <b><u>Panel 13</u></b> Ruth F.  <b><u>Panel 16/19</u></b> Maxine B.
<u>Chairperson:</u>  Pam A.  <a href="mailto:chairperson@nynafg.com">chairperson@nynafg.com</a>	<u>Secretary:</u>  Marge R.  <a href="mailto:secretary@nynafg.com">secretary@nynafg.com</a>	<u>Treasurer:</u>  Linda A.  <a href="mailto:treasurer@nynafg.com">treasurer@nynafg.com</a>	<b><u>Panel 22</u></b> William S.  <b><u>Panel 25</u></b> Marcia J.
<u>Alateen:</u>  Lynda S.  <a href="mailto:alateen@nynafg.com">alateen@nynafg.com</a>	<u>Archives:</u>  Kathy M.  <a href="mailto:archives@nynafg.com">archives@nynafg.com</a>	<u>Conventions:</u>  Maureen K.  <a href="mailto:convention@nynafg.com">convention@nynafg.com</a>	<b><u>Panel 28</u></b> Mary G.  <b><u>Panel 31</u></b> Arlene M.  <b><u>Panel 34</u></b> Sherry B.
<u>Group Records:</u>  George S.  <a href="mailto:records@nynafg.com">records@nynafg.com</a>	<u>Public Outreach:</u>    <a href="mailto:pi@nynafg.com">pi@nynafg.com</a>	<u>Literature:</u>  Pat H.  <a href="mailto:lit@nynafg.com">lit@nynafg.com</a>	<b><u>Panel 37</u></b> La Vaughn R.  <b><u>Panel 40</u></b> Anne F.
<u>Newsletter:</u>  Gwenne R.  <a href="mailto:newsletter@nynafg.com">newsletter@nynafg.com</a>	<u>NYNAC:</u>  Lynda C.  <a href="mailto:nynac@nynafg.com">nynac@nynafg.com</a>	<u>Web:</u>  John O.  <a href="mailto:web@nynafg.com">web@nynafg.com</a>	<b><u>Panel 43</u></b> Connie D.  <b><u>Panel 46</u></b> Robert C.
<u>Spanish Contact:</u> Cira B. <a href="mailto:spanish@nynafg.com">spanish@nynafg.com</a>			<b><u>Panel 49</u></b> Elaine R.

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