



Recovery Through the Steps
Unity Through the Traditions
Service Through the Concepts

Northern Hi Lights

Al-Anon News from New York North Area

Thoughts From Our Area Chair:

I think the chapter on Concept Four in *Paths to Recovery* best sums up what "Participation is the Key to Harmony" is. It talks about a barbershop quartet; how each member has their own notes to sing and sometimes the members don't even sing the same words; but when they all do their part, the music that is made is true harmony. In New York North (NYN) we have different Officers and Coordinators who have various jobs to do within our Area structure, and the combined efforts make NYN whole. We form various committees at the Area level, each tasked with working on gathering the information required to make an informed decision. Some members gather the facts, others present the facts; and others listen to the facts and determine what the best solution to the issue at hand is by using all the information that's gathered to make an informed decision. All members participating to come up with the best decision for NYN as a whole is an example of "Participation is the Key to Harmony." This strategy can also be used at home with our families. When everyone has a part to play, things run smoother; it's a joint effort and the outcome belongs to everyone involved.

In my last article, I told you we were having our Area World Service Committee (AWSC) meeting on April 5th to set the agenda for the Spring Assembly. Here's a quick look at what happened and what to expect in Niagara Falls. The committee working on the *Alateen Requirements and Guidelines* updates provided the AWSC with the

Area Chair continued on next page...

Inside This Issue

Topic: "Participation is the Key to Harmony"

- 1 Thoughts From Our Area Chair
- 2 Alternate Delegate/Forum Scavenger Hunt
Sending Donations to NYN
- 3 Area Delegate, Panel 52
- 4 Immediate Past Delegate
Alateen Coordinator
- 5 Area Treasurer
Web Coordinator
- 6 Literature Coordinator
Newsletter Coordinator
- 7 NYNAC Coordinator
Area Secretary
Presentation Committee
- 8 Public Outreach
- 9 NYN Calendar of Events
- 10 NYN Spring Assembly/
Convention Registration Form
- 11 Officers' and Coordinators'
Contact Information
- 12 NHL Subscription Form

NHL Editor: Gwenne R.

Proofreaders: Stephanie R. and Connie D.

Web Version Proofreader: Connie D.

Mission Statement

Northern Hi Lights is the monthly publication (10 issues) of the New York North AFG Assembly Area. It is intended both as a member outreach tool and to keep the Area informed of all service related projects and activities at the District, AIS, and Area levels in between Assemblies. Content of each issue will include service reports from the Delegate, Officers and Coordinators of the Area; and pertinent service topics from the World Service Office. Reports from Districts, Information Services and Alateen Sponsors will be included as space allows. A topic of the month may be chosen by the editor as a focus for reports. **Northern Hi Lights** is not copyrighted. It is not conference approved literature.

Submissions: Email by the 15th of the month prior, to: newsletter@nynafg.com

When submitting reports, keep in mind that all quotes from Conference Approved Literature (CAL) must have prior written permission from WSO (see pgs. 106-107 in your *Service Manual*). **Announcements should be submitted at least 6 weeks before Event.**

Subscriptions: Suggested donation of \$10/year when possible (see back page):

All Al-Anon members are encouraged to subscribe (**electronically if possible**) to receive an individual copy. A copy will automatically be sent to each Group Representative on record with the Group Records Coordinator, unless we have instructions for a specific Group Mailing Address.

For more information visit the following websites:

New York North: www.nynafg.com

WSO: www.al-anon.alateen.org

feedback they had received to date. The key feedback was discussed at length, and all wishing to be heard were given the opportunity to go to the microphone and state their thoughts and opinions. We had some really healthy dialogue. After all was said and done, it was determined that the committee needed to take the feedback and continue updating the document. The committee increased the number of members working on it and there is still room for two more members. I think it would be terrific to have these two spots filled by Alateens. The AWSC also formed a committee to look into the possibility of doing Public Outreach at the New York State Fair. This is a very in-depth process and much information needs to be gathered before the committee will be in a position to give the facts to the members to decide what NYN should do. The earliest possibility of participating in the New York State Fair would be 2015. We are looking for a host District or Districts for the 2016 Spring Assembly/Convention and will be polling the districts at the Spring Assembly. Hosting an Assembly/Convention is a great way to build District camaraderie. Think about it.... I have appointed Sherry S. from District 6 as our acting Public Outreach Coordinator for the remainder of Panel 52's term. Thanks, Sherry for saying yes to Service.

Also on the spring agenda is our Delegate's report from the World Service Conference. 2014 is an election year and at the Fall Assembly we will be electing a new panel of Officers and Coordinators to represent NYN for the next three years. Many of the Officers and Coordinators will give presentations on their current service positions. We also have something special in store from our Presentation Committee.

I hope to see many of you at our 2014 Spring Assembly. I plan on bringing my passport and camera and doing some sightseeing at the Falls.

Participation is the Key to Harmony,

Pam A.

Alternate Delegate/Forum:

When I think of the Fourth Concept, "Participation is the Key to Harmony," I always think of one of our former Delegates who gave her report by singing part of it. She always composed a song relating to something in her report and asked us to participate by singing along with her. (She was very good at writing songs to tunes that we all knew but never thought they would relate to service). We would unite in song and had fun learning and listening to her report. This also helped me to remember some of the things she reported to us.

When I am in harmony with myself and my Higher Power, I feel like singing. I realize that I need to work in order to participate in my own life and to seek my Higher Power's will for me each day. Just like singing, it does not always come naturally, but as I work and study the Steps, Traditions and Concepts, I become better at it. Also, for a Group to sing in harmony, they have to listen to each other and work with each other.

I can be a part of this wonderful fellowship by participating in serving my Group. I can set out the literature, set up chairs, lead a meeting, sponsor someone or bring refreshments for special events. I can volunteer to be the Group's Representative and attend the Assembly to bring back information to my Group. I can contribute to the harmony of Al-Anon by writing my story or sharing on a topic, slogan or service experience and submitting it to *The Forum*. I can carry the message to others by participating in Outreach Projects. I can work with my District or Area by planning Assemblies and voting for items that affect our Area.

If each Group or person did this by himself or herself, the harmony would not be there. There might even be discord. As I think of ways to participate in service, I will continue to seek the harmony that comes from working together with all of you.

Take care and see you in Niagara Falls for our 2014 Spring Assembly,

Diane C.

SCAVENGER HUNT

CHALLENGE #14: Can parents of Alateens serve as Alateen Group Sponsors?

ANSWER: See pg. 32 in your 2014-17 Al-Anon/Alateen Service Manual.

SENDING DONATIONS TO NEW YORK NORTH

Donations should be sent by check or money order.
DO NOT SEND CASH!!

Make payable to:
NYN Area Assembly
PO Box 398

Morrisonville, NY 12962

Add Group's registered name &
the Group's ID Number (Very Important)

Area Delegate, Panel 52:

Dear NYN Friends,

Well, in a little over a week from today I will be on my way to the 54th World Service Conference. Most likely by the time you read this I will be home and preparing my report for the New York North (NYN) Spring Assembly/Convention. I still find it hard to believe that this is my final Conference!

This month's theme is "Participation is the key to Harmony," the Fourth Concept. What a great thing to be thinking about as I prepare to attend the World Service Conference. My being willing to participate in service at all levels is what has led me to my current position. When I began in AI-Anon I had no idea what service was all about. I did hear about Group Representatives (GRs), Districts, Area meetings and the Delegate, but I really didn't know what these meant. I began to hear how others' service experiences had helped their recovery.

It wasn't too long before I began to think maybe some service work would help me. I started slowly, just taking minutes at a meeting. I found that it really did make a difference. It always amazed me that no matter how many different ideas, opinions and people there were in any meeting, things did work out for the benefit of the whole; there was harmony with all the diversity.

I listened to people who had many different service experiences. They talked about how they had grown with each new service experience. They talked about all the times they just knew they couldn't take a position because of some fear or limitation they felt they had. Then they would share how only good things had come from those leaps of faith; that the fear they had opened new doors for them when they stepped up to take a new service position. Hearing them gave me permission to take my own leaps of faith, to step up to a new position even when I had said I would never be able to do that.

We have all heard that it is only in giving it away that we can keep it. I am so blessed that I have been able to learn how very true this is. When I think of all the wonderful people I have come to know who practice this saying every day I am amazed.

When I hear the word harmony I think of music, beautiful music. When I hear the Fourth Concept read I think of all the beautiful music that I have in my life. It is another blessing in my life in recovery.

I look forward to seeing all of you at the Spring Assembly/Convention May 16 – 18. I hope to share with you how I experienced "Participation is the Key to Harmony" at the World Service Conference.

Gratefully in Service,

Ruth S.

Deadline for submissions to the June 2014 issue of NHL is
May 15, 2014
Topic: "Working the Steps"

Immediate Past Delegate:

"Participation is the Key to Harmony," the Fourth Concept, is our theme this month and a great follow-up to last month's topic, "Fully Self-Supporting." We need for all of our members to participate if we are going to be fully self-supporting. As I read through the literature and thought about this topic, I was remembering a piece that appeared in an issue of *The Forum*; so I went on a hunt for that issue of *The Forum* and was lucky to pinpoint it in a short period of time. What struck me about the piece in *The Forum* was how it related to this month's topic of participation. It was about the "Three Obstacles to Success in Al-Anon" at that time, a recent addition to the *2010-2013 Service Manual* and also found in the pamphlet "Alcoholism, the Family Disease" (P-4).

When we talk about this Fourth Concept, "Participation is the Key to Harmony," we are reminded of how each of the players in a musical group needs to do their individual part so that when the group comes together to play a musical piece there will be harmony. The same is true in Al-Anon; we need each of our members to do his or her part so that the Group, District, local AIS or Area will function to the best of their ability. When we study the "Links of Service" (S-28), we realize there are many members needed in order for our service structure to work effectively. Service can be a key to our recovery. I have had many character flaws tested as I have done service, but each time I have been given an opportunity to do better and to grow in this program of recovery.

Al-Anon has taught me many new behaviors such as learning what my job is and then doing it to the best of my ability. It has taught me that after doing a job for the suggested amount of time it is then time to turn it over to another member; this is rotation of service. I also need to allow that person to do the job to the best of their ability without me looking over their shoulder and telling them how to do the job; micro-managing the details of how the job is done.

This brings me back to *The Forum* article of March, 2011, about one of "The Three Obstacles to Success," which is dominance. After reading this article, I was struck by how **dominance can be quiet and subtle or loud and intimidating**. Dominance can be a way of not allowing Group members the opportunity to hold discussions and make Group decisions which can be for the greater good of the Group and for Al-Anon as a whole by allowing all Group members to come to an "Informed Group Conscience." Some of the subtle ways in which members dominate a meeting is by making decisions for a Group by not bring copies of the Area

newsletter or local AIS newsletter to the Group. When there is an Area appeal or the quarterly appeal from the WSO, these envelopes for individual contributions are not brought to the Group for each member to make their own decision about whether to contribute or not. This subtle dominance is obstructing the participation of the Group members and not allowing for harmony within the Group.

How do the Groups you attend assure that there is harmony in your Group, District, Area and Al-Anon as a whole? Are the members who are serving doing their job to bring harmony?

Grateful to be in service,

Elaine R.

Alateen Coordinator:

The AMIAS (Al-Anon Members Involved in Alateen Service) re-certification is coming up. This is a reminder for District Representatives to go to the Group Records' online report and verify that the people on that list are still active, and that we have the correct information for each AMIAS. If you have a question about this or need to give me updates, please e-mail me at Alateen@nynafg.com, which is under "contact us" on our website: www.nynafg.com.

I am very impressed with the passion and participation that happened at the Area World Service Committee (AWSC) meeting in Fayetteville, NY on April 5th. This is what our program is all about. If we hear all the views and suggestions, we can make informed decisions, which is the point of the Knowledge Based Decision Making (KBDM) process. I thank you all for being there and being heard. I was moved by the topic for this month's *Northern Hi Lights*, for I saw it in action at the AWSC meeting. Thank-you all for the opportunity to serve you and teach me that conflict can be resolved if all are willing to hear each other.

Love in service,

Lynda S.

On the new, updated members' website www.al-anon.alateen.org/members there is an *Alateen Service e-manual* that can answer many of your questions if you are thinking about starting an Alateen group.

Area Treasurer

Greetings, NYN Family!

Dare I say that I think spring is finally here? Let's hope so! With new growth breaking ground, New York North continues to grow financially with your faithful donations. Thank you ALL so much for your continued support!! **Please check and make sure you are sending your donation to the correct address, as this continues to be a problem.** Thanks! Before I list the donations since last report, I wish to make a correction from last month's newsletter: The Angola Awakenings Group #30615135's, donation was incorrectly reported as \$5.00, when it should have been **\$15.00**. Thank you, Denise, for bringing this to my attention.

Ithaca Sun Morn, Gr #66231	\$ 75.00
2013 Fall Ass'y proceeds	\$ 2300.90
Thurs Rome, Gr #30590994	\$ 120.00
District 5	\$ 100.00
Gr #62001	\$ 50.00
Spiritual Awakenings, Gr #27134	\$ 15.00
Jamestown Tues Noon, Gr #65578	\$ 25.00
Homer Gr #40863	\$ 30.00
Chittenango Gr #9677	\$ 7.00
Circle of Hope, Gr #54280	\$ 49.65
Fri Morn Ithaca, Gr #9828	\$ 45.00
District 10	\$ 100.00
Courage to Chng, Gr #43327	\$ 20.00
Mon Noon Hope, Gr #30582963	\$ 50.00
Paths to Recovery, Gr #30518677	\$ 50.00
Living for Today, Gr #32150	\$ 12.00
New Beginnings, Gr #39872	\$ 70.00
Progress Not Perf, Gr #30606210	\$ 33.00

Expenses Paid:

Marge R	\$ 80.89
Ruth S	\$ 135.63
Diane C	\$ 65.61
2014 Fall	\$ 1000.00
Sheraton at Falls	\$ 3271.64
Pat H	\$ 30.90
Immac Conc Ch	\$ 50.00
Connie D	\$ 132.00
Lynda C	\$ 52.00
Maureen K	\$ 22.77
Pam A	\$ 61.33
Pam A	\$ 52.00
Anne F	\$ 201.00
Sherry S	\$ 200.00

Current Balances:

Checking	\$ 5547.46
Reserve	\$ 8203.85
Mutual	\$ 2700.20

THANK YOU!

This month's topic is "Participation is the Key to Harmony." I just LOVE this Concept! I try to use it every chance I can because I cannot begin to express my appreciation for the benefits and growth I have gained from my participation in this program! I am in harmony with MYSELF, my family, my Al-Anon/Alateen families, and my Higher Power because of my participation! Thanks for always being there, Al-Anon!

See You at the Falls!

Linda A.

Web Coordinator:

My job description should read, "Web Receptionist," because the main duty is responding to requests from people looking for an Al-Anon or Alateen meeting. The "hardest" part is following great directions to keep our Events Calendar updated. Easy, even for me, but if I have a question, Kathi D. has the answer. There are no holes in my safety net.

The topic for this month, "Participation is the Key to Harmony," is proven when we lack members who will step up and serve. It's been typical for a long time, at the local level in Rochester, that we are lucky to have one candidate for a position at the Group, District, or AIS level. Although reluctant, when no one else would be District Representative, I took the position, and am glad I did.

Part of my reluctance was because I had to attend the Area World Service Committee (AWSC) meetings in Fayetteville. Now I look forward to them, because it is so enjoyable to be around the Group that forms our AWSC, and see how nicely they usually interact. Our District Two meetings also share that special harmony. My heroes are those who have given so much through service; and it's wonderful to witness their joy in doing it.

What concerns me is that lack of participation by caring Al-Anon members will result in leadership by those who don't share our values. Sunday, I introduced myself as an "Al-Anon Recruiter," when I recognized someone at a meeting who obviously had leadership potential. I heard a long time ago that "those who are aware are responsible," and it haunts me. When I see a situation in Al-Anon that needs attention, as a grateful member, I can't turn my back. However, I don't want to sacrifice my serenity to things I cannot change, so I have to practice acceptance.

John O.

Literature Coordinator:



Hi Everyone,

I have a few announcements from the World Service Office (WSO) that I would like to pass along:

- The latest (2014) printing of **“The Concepts—Al-Anon’s Best Kept Secret?” (P-57)** includes minor revisions to the descriptive text under Concept Five.
- The WSO has sold 37,104 copies of the Twelve Steps workbook, **Reaching for Personal Freedom (P-92)** since July of last year. Initial sales usually start high, with a gradual decline. While 25,181 were sold in the first three months, 2,511 were sold in the most recent three months. A 90% drop within eight months is not considered gradual. As Literature Coordinators, we are encouraged to bring attention to this latest workbook. *This is where I need your help. If you have any comments or suggestions regarding this, please email me at lit@nynafg.com*

- As far as electronic sales, the e-book version of **Having Had a Spiritual Awakening (eB-25)** has sold 2,269 downloads since last March. The audio version of **How Al-Anon Works (eA-22)** has sold 731 downloads since September. The e-book version of **How Al-Anon Works (e-22)**, which is only available through one vendor at this time, has sold 380 English, 5 Spanish, and 3 French downloads since November. For a complete listing of how to order the above please go to the nynafg.com website and look under Area Information and Forms and click on Electronic CAL Fact Sheet.

Our topic for this month is “Participation is the Key to Harmony.” At our recent Area World Service Committee (AWSC) meeting in Syracuse, one of the topics that we discussed was the updating of our Alateen Guidelines. There were two teens present along with a couple of their Alateen sponsors. It was so good to hear their point of view and have them participate in the discussion. A few teens along with their sponsors joined the committee working on these guidelines. For me, watching and listening to all of this was a great example of “Participation is the Key to Harmony.” We all have to be involved to make the best informed decision.

See you in Niagara Falls.

Gratefully,

Pat H.

Newsletter Coordinator:

Hello NYN,

I have received a very timely and informative answer back from Tom C. at the World Service Office (WSO) on the question of how much can be quoted from Conference Approved Literature (CAL) in Area newsletters before we need written permission from WSO. The answer is, **“In accordance with page 107-108 of the 2014-2017 Al-Anon/Alateen Service Manual, all quotations from CAL require written permission to be included in newsletters....Please also note that even if you receive permission to reprint CAL in your newsletter, this does not apply if you plan to post the newsletter on the Internet.”** To reflect this clarification, I have taken out the word “substantial” in reference to quotes from CAL in our Mission Statement. It now reads, “...all quotes from Conference Approved Literature (CAL) must have prior written permission from the World Service Office.”

Please note that Group Records (not the newsletter editor) handles all subscription related questions for the *Northern Hi Lights*. Please email your subscription questions to records@nynafg.com, or mail to the Group Records address on the back page. Thank you.

As the end of my three-year term as newsletter editor approaches, I’d like to say that I have found this service position to be extremely rewarding and a lot of fun. I would encourage anyone with some publishing and/or writing experience to consider this position. There is a lot of creativity as well as responsibility involved, and it has been a wonderful way for me to become more involved in Area business. I feel like I have been able to make a difference as we have continued the process of becoming mostly an electronic publication, changed the subscription cost to a donation, clarified requirements for quoting from CAL and rewritten the Mission Statement to reflect these and other minor changes. The most rewarding experiences have been choosing a topic each month and contributing to the Knowledge Based Decision Making presentation with Connie D. on electronic publication of the newsletter. I know I will really miss this position when December comes!

Thank you all for your support as the newsletter has continued to evolve to stay relevant and hopefully interesting to New York North members.

Gwenne R.

NYNAC Coordinator:

Save the Date: NYNAC October 10-12, 2014
Hosted by the Camillus, Liverpool, and Fulton
Alateen Groups

Next month at the New York North Spring Assembly/Convention, I will be giving a presentation of the responsibilities of being the New York North Alateen Conference (NYNAC) Coordinator. If you are interested in becoming the next NYNAC Coordinator, please review the Coordinator duties and responsibilities on the New York North (NYN) webpage. I will be bringing copies of the month by month Time Table of Events. This is a great guideline which I put next to my computer to keep me up to date.

It was really nice to see two of the teens from the Camillus Group share their thoughts and ideas regarding the Alateen Requirements and Guidelines at the Area World Service Committee (AWSC) meeting on April 6th! NYNAC is such an important event for the teens. They look forward to seeing all their friends and making new ones. Their conference is full of emotion, creativity, talent, and support.

Love in Service,

Lynda C.

Area Secretary:

Hello There,

I recently attended the Area World Service Committee (AWSC) meeting where I was excited to see the participation of several of our Alateen members. I mention this, as our topic this month is the Fourth Concept, "Participation is the Key to Harmony." Participation makes us **a part of** the Group rather than **apart from** it. Al-Anon has taught me how to work in harmony; that is, to have respect for one another and know that **there are two sides to participation, giving of ourselves and including others**. The New York North Spring Assembly/Convention will take place May 16-18, at Niagara Falls, NY; a chance for all members to "participate." My late husband used to purchase one lottery ticket a week: He would say, "If you don't participate you can't complain about not winning." Hope to see you at the Falls.

Gratefully,

Marge R.

Presentation Committee

Chair:

Hello NYN Family,

Participation is the Key to Harmony, our Fourth Concept of Service...Easy to remember and say...not always so easy to put into action. I still struggle with procrastination (today is the 15th of the month and this article is due today). For much of my life, I hid from conflict and really didn't take an active part in my life. I existed from day to day. What I have learned from this Concept, is that it helps to keep me healthy. I can focus on using the tools of Al-Anon to resolve situations in program and in my personal life. It allows me to reach out and have conversations with other members, to hear minority views, to take what I like and leave the rest; and mostly, to grow in my own recovery. Participation helped me to have a voice.

This month, we will be meeting in Niagara Falls for our Spring Assembly/Convention. Our presentation will be focused on a change (oh my!). We will be talking about resumes for the Fall Election Assembly. In participating, I have learned to face fears and move forward. We will face some fears and hear about some fun growth from a few who have gone before us, and then have a short workshop.

When I first came into the rooms, people were smiling and laughing. I learned that I could be very serious about my recovery, but if I didn't find some joy and laughter along the way, it was not a positive experience for me. Participation brings up many feelings and gives me chances to use what I have learned, placing principles above personalities. I try to look at what was once chaos and crisis as just another challenge in my life...and because I participate, I do not have to do it alone.

I have been participating on various committees (updating of service positions, convention and assembly guidelines and Alateen requirements and guidelines...all works in progress). Hoping that we have many participating at this Assembly.

LIS (Love In Service),

Connie D.

Public Outreach:

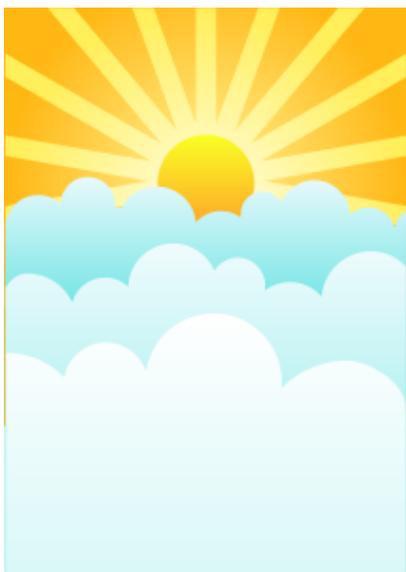
Hi NYN Family,

I have missed you all and am so glad to be back into Service, even for just a short time. "Participation is the Key to Harmony" is our theme for this month. All you have to do is say "Yes" and you are participating. To me, participating is setting good boundaries, checking my motives, and then jumping in with both feet and doing my best. **One of the things I have learned about participating is to just do it, and if it is my best it is good enough and I can "Let go and Let God" do the rest.**

I have worked with our District Public Outreach Coordinator participating in our local Health Fair. I am looking forward to helping with the State Fair in 2015. For all you who do not remember me as a past Public Outreach Coordinator, I am looking forward to meeting you at the Assembly. I have seen my own family grow even though none of them are in recovery. Our rocky relationships have changed because I have been willing to change and participate in our wonderful Al-Anon Family Groups and let go of trying to change them. Surprise! Without my nagging, they even changed. I am the mother of three, with seven grandchildren and two great grandchildren. They keep me participating. I live nestled in a small village along the Mohawk River Valley.

Love in Service,

Sherry S.



First-Ever Latin Al-Anon/ Alateen Convention

4th of July weekend, 2014

Dear Friends in Al-Anon/Alateen,

I may know some of you from either my Alateen days or from my service as a past Delegate for New York South, Panel 42. I am currently chairing our first-ever Latin Al-Anon/Alateen Convention, US and Spanish-speaking countries, which will be held in New Jersey, during the 4th of July weekend this year. Both the NJ and the NY Hispanic Intergroups have come together to make this convention a reality. This convention is an off-shoot of our annual National Hispanic Al-Anon/Alateen Convention which rotates to a state where there is a Spanish AIS.

Please share this upcoming event with your members and if you can add it to your calendar of events, we greatly appreciate it.

Rick B., our Executive Director, will join us and it will be a treat to our friends who will travel from Latin structures who are either employed or do service in their mini WSOs back home (known as General Service Offices or GSOs). Here is our website which is in Spanish:

www.convencionlatinaalananonlateen.com. We have an English flyer posted under "More."

Please feel free to reach out at this email convencionlatina2014@gmail.com or to my gmail if you have questions or need help understanding the site.

The registration forms are online and we offer a few different ways for registering. We will be able to accept credit cards now and at the convention. We are planning many fun side events, such as a visit to Stepping Stones (Bill and Lois' home), a NYC tour, and a closing Sunday lunch cruise around NY/NJ harbors with skyline views of the city including the Statue of Liberty.

En servicio, con gratitud y amor, (I know you can figure this out!)

Elizabeth S.
Panel 42
New York South
Now living in New Jersey

NYN Calendar of Events

Please check website for more information @ www.nynafg.com

May 3, 2014 District #5 Day of Fun & Fellowship 9am-3pm, CVPH Medical Center, 75 Beekman Street, Plattsburgh, NY

May 3, 2014 District #2 Day of Sharing 9am - 2pm, Holy Name of Jesus Parish, 15 Martins Way, Rochester, NY 14616

May 4, 2014 Pioneer Day at the Wilson House, East Dorset, VT 11am-2pm

May 16-18, 2014 NYN AFG Spring Assembly and Convention, Niagara Falls, NY

July 4-6, 2014 First Ever Latin Al-Anon/Alateen Convention. See website for more information: www.convencionlatinaalanonalateen.com or email convencionlatina2014@gmail.com

Sept. 26-28, 2014 NYN AFG Fall Election Assembly, Comfort Inn and Suites, 6701 Buckley Road, North Syracuse, NY 13212

Oct. 10-12, 2014 New York North Alateen Conference (NYNAC), Hosted by the Camillus, Liverpool and Fulton Alateen Groups

OnGoing:

Fourth Step Inventory with the Courage to Change Group. Last Monday of each month 7-8 pm, following the regular Group meeting at Christ our Light Church, One Maria Drive, Colonie, NY

SAVE THE DATE!!!

2014 NEW YORK NORTH AREA FALL ELECTION ASSEMBLY

September 26, 27, and 28, 2014

Comfort Inn and Suites, 6701 Buckley Road, North Syracuse, NY 13212

"Service: You get more than you give"

HOSTED BY DISTRICTS 18 & 19



New York North's 2014 Spring Convention

May 16-18th, 2014

Group rate is available from May 14-19, 2014
Group rate cut-off is 4/16/2014 and is subject to availability.

Sheraton at the Falls

300 Third, Niagara Falls, NY 14303



Please ask your groups to donate baskets for the raffle.

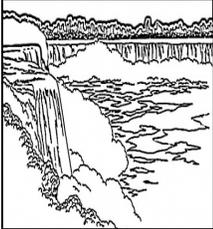
Also, if you would like to make a cash donation to Hospitality you can do so individually on the registration form or if your group would like to donate to hospitality, please make checks out to:

NYN Area Assembly/2014 Spring Assembly and send to:

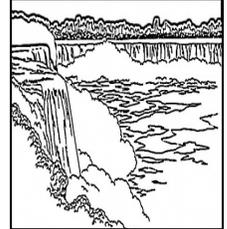
NYN AFG 2014 Spring Assembly/Convention
PO Box 126,
Depew, NY 14043
Attention: Hospitality



NYN AFG 2014 Spring Assembly & Convention
Al-Anon & Alateen Convention w/ AA Participation
May 16–18, 2014
 (Hosted by District #1)



Faith, Fellowship & Fun
At the Falls



Sheraton at the Falls

300 Third St.
 Niagara Falls, NY 14303 (USA)

For Hotel Reservations:
1-866-961-3780
 Or visit website listed below

If anyone is going to Canada, a Passport or
Enhanced Drivers License is required.

Room Rate: \$126.44 per night
 For those wanting to spend extra time
 in Niagara Falls, the group rate is
 available from May 14–19, 2014
Hotel Group Rate Reservation
cut-off is 4/16/2014
 And is subject to availability

Located minutes from Interstate I-90, and only footsteps away from the Falls.

For directions and on-line hotel reservations visit

<https://www.starwoodmeeting.com/StarGroupsWeb/booking/reservation?id=1304152819&key=B2C69>

Hotel Guest Parking in adjacent city lot—\$5 per night w/ unlimited in & out privileges

Check in is 3pm and Check out is 12 noon. Guest reservations need to be secured by a credit card at the time the reservation is made and final payment can be made by credit card, cash, or check (checks only if received 10 business days prior to the arrival date. **Checks will not be accepted on-site**). If payment needs to be made by purchase order, individuals must submit purchase order prior to arrival for approval. Purchase order payment is only valid if approved by hotel accounting office in advance.

NYN AFG 2014 Spring Assembly/Convention Registration Form

Make Checks Payable to: NYN Area Assembly/2014 Spring Assembly

Name:	Early Registration (before 3/30/2014) \$15.00	\$
	Full Registration (after 3/30/2014) \$20	\$
Address:	Alateen Registration: \$12	\$
	Family Style	
City/State/Zip:	Dinner Banquet : (Deadline 5/5/2014) \$ 32	\$
Phone #: ()	Donation to Hospitality:	\$
E-mail:	TOTAL ENCLOSED	
Mail To:	Are you a new Group Representative _____? Are you a new District Representative _____? Are you registering as Al-Anon____, Alateen____ or AA____? Are you here to attend the Convention? ____ or the Assembly ____? (Assembly is attended by GRs, DRs, Officers, Coordinators and anyone interested).	
NYN AFG 2014 Spring Assembly/Convention PO Box 126 Depew, NY 14043		

Do you know whom to contact with an AI-Anon related issue?



Unless this is a personal subscription, this copy belongs to your group. Please share it with them; make each issue available at your meeting ***TO INSURE ANONYMITY, TEAR OFF THIS PART BEFORE LEAVING IT WITH YOUR GROUPS***

NYN AFG Officers & Coordinators for 3 year Term, beginning January 2012			NYN Past Delegates
<u>Delegate:</u> Ruth S. delegate@nynafg.com	<u>Immediate Past Delegate:</u> Elaine R. ipd@nynafg.com	<u>Alternate Delegate:</u> Diane C. altdelegate@nynafg.com	<u>Panel 4</u> Helen S. <u>Panel 13</u> Ruth F. <u>Panel 16/19</u> Maxine B.
<u>Chairperson:</u> Pam A. chairperson@nynafg.com	<u>Secretary:</u> Marge R. secretary@nynafg.com	<u>Treasurer:</u> Linda A. treasurer@nynafg.com	<u>Panel 22</u> William S. <u>Panel 25</u> Marcia J.
<u>Alateen:</u> Lynda S. alateen@nynafg.com	<u>Archives:</u> Kathy M. archives@nynafg.com	<u>Conventions:</u> Maureen K. convention@nynafg.com	<u>Panel 28</u> Mary G. <u>Panel 31</u> Arlene M. <u>Panel 34</u> Sherry B.
<u>Group Records:</u> George S. records@nynafg.com	<u>Public Outreach:</u> Sherry S. pi@nynafg.com	<u>Literature:</u> Pat H. lit@nynafg.com	<u>Panel 37</u> LaVaughn R. <u>Panel 40</u> Anne F.
<u>Newsletter:</u> Gwenne R. newsletter@nynafg.com	<u>NYNAC:</u> Lynda C. nynac@nynafg.com	<u>Web:</u> John O. web@nynafg.com	<u>Panel 43</u> Connie D. <u>Panel 46</u> Robert C. <u>Panel 49</u> Elaine R.
<u>Spanish Contact:</u> Cira B. spanish@nynafg.com			

Please pass this newsletter on to others in your Group

Northern Hi Lights Subscription Form

While there is no specified charge for *NHL* subscriptions, in keeping with the Seventh Tradition of being fully self-supporting, **a donation of \$10 per year is suggested**, when possible, to help the Area pay for production costs. **Make checks payable, and mail to:** NYN Area Assembly, PO Box 398, Morrisonville, NY 12962.

All AI-Anon members are encouraged to subscribe to the *Northern Hi Lights* electronically; just e-mail your request with your name to: records@nynafg.com

If you need a hard copy, please Check Type of Subscription: () Group or () Individual, () Renewal or () New

Name _____

Title (GR, Sponsor, Individual, DR, etc.) _____ E-Mail Address _____

Address _____ Phone () _____

City _____ State _____ Zip _____

If Group Subscription, Group Name _____

WSO# _____ District# _____ If sent to address other than above, please include that name and address, WSO#, in writing on another piece of paper.

Mail address changes and updates to: Group Records, 144 Seymour Rd., Rochester, NY 14609, or

Email: records@nynafg.com

NYN Area Assembly
Northern Hi Lights
144 Seymour Rd.
Rochester, NY 14609