Helen H has graciously agreed to stand in for my responsibilities for the Fall Assembly. I am sure she can handle your requests and questions. For those of you who don't know Helen served a 6 year term as New York North's Area Alateen Coordinator. If something comes up that she can't answer she will pass it on to me and I will find out the information for you. Thanks Helen for being willing.

I have been working on updating the letter for prospective AMIAS and revising the Letter of Recommendation for fellow Al-Anon members to sign that they recommend certain candidates for either Service to Alateen or to become Alateen Sponsors.

I will be continuing to work with the Ad Hoc Committee for updating the Alateen Guidelines and Requirements. If anyone has any recommendations, thoughts or suggestions please let the committee know.

I will not be at NYNAC as by the time you all read this I will have had a total right knee replacement. I will be recuperating and doing my exercises. I wish all attendees a wonderful spiritual weekend of recovery. I am sure it will be exciting to be at the new location and I will be looking forward to hearing all about it.

As always feel free to contact me about any needs or concerns; I should only be out of commission for about a month. I am sure I will still have PT work to do before getting completely through this but I will make every effort to be there for you all, my New York North Family.

With Gratitude

Lynda S.

NYN Alateen Coordinator