

# Please Share for Our New Daily Reader



**The 2014 World Service Conference gave conceptual approval for a new daily reader that will reflect the Al-Anon program and its members as they are now. This reader will cover a wide range of topics from a variety of members throughout our fellowship. Your sharing will help assure that our new daily reader will reflect our fellowship as it is today, just as *One Day at a Time in Al-Anon* did 45 years ago, and *Courage to Change* did 20 years ago.**

Some questions to consider:

- In my early Al-Anon meetings, what kept me coming back?
- What did I hear that was difficult to relate to at first, and how did I come to understand it?
- In what ways did I initially feel different from others in Al-Anon, and how did I come to see the common thread that binds us all?
- How have I learned to "Keep an Open Mind," and how has this enhanced my recovery?
- How has service played a significant role in my recovery?
- What program principle helped me to face my most difficult challenge?

Grammar and spelling are not as important as your heartfelt experiences, feelings, and insights. Please help us make this new daily reader a vital, rich, and multifaceted expression of the Al-Anon program of recovery.

## **Please keep the following guidelines in mind:**

- ❖ Focus on a single program topic, slogan, Step, Tradition, Concept of Service, spiritual principle, feeling, or attitude.
- ❖ Please keep your writing succinct (approximately 200-300 words).
- ❖ Focus on yourself, not the alcoholic or others. Write in the first person singular—"I." Please avoid the use of the pronoun "you."
- ❖ Avoid generalities, outside issues, treatment center language, and religious philosophy or doctrine, although you may refer to the God of your understanding as you prefer.
- ❖ Feel free to include a "Today's Reminder"-type summary of your sharing, a thought-provoking question, or a pertinent quotation from existing Al-Anon literature (including source and page number).

## **Please mail, fax, or e-mail your completed sharing to:**

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Virginia Beach VA 23454-5617  
Attn: New Daily Reader  
Fax: 757-563-1655  
e-mail: [wso@al-anon.org](mailto:wso@al-anon.org) (Please put "New Daily Reader" in the subject line)

In order for us to acknowledge receipt, please include your name and postal or e-mail address with your sharing.

**Name or Pseudonym:** \_\_\_\_\_

**Address or e-mail:** \_\_\_\_\_

If printed, your sharing will remain anonymous. If your sharing is not used for the book, it will be forwarded to the Forum Editorial Advisory Committee for its review. If published in *The Forum*, you will be notified by letter and receive a complimentary issue of the issue in which your article appears.

Note: All sharings become the property of Al-Anon Family Group Headquarters, Inc., and may be used in whole or in part to develop Al-Anon/Alateen printed or electronic material.

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