

NYNAC Report**March 2015**

Hi All,

I am really sorry I couldn't make it today. I was hoping I could be here, but due to lots of things happening in my life it just wasn't possible. I have really only attended one AWSC before, so I am not sure how the reports are supposed to be, but I am going to break it down monthly what I have been up to.

Before I do that, I would like to update some of you on what happened at NYNAC in October. At the kick out meeting many people had concerns regarding the "host group" situation. It is no news that Alateen has been declining and the number of people attending has significantly dropped. So when it comes to the host group it has been switched back and forth from Syracuse and Buffalo the last few years. Being a host group is a lot of work, and **EVERYONE** agreed and voted that it would be better if we split responsibilities into committees and groups would tackle them. I asked for each group to vote on a teen to be a NYNAC rep, and that would be the person I kept in contact with.

January- I reached out to groups, sponsors, and teens. I asked group to think about voting for a NYNAC reps and to contact me when they have someone. I received no responses.

I also broke down the committees and positions that needed to be fulfilled.

(See attached sheet 'NYNAC 2015')

February- Sent another email to all sponsors and also posted to the NYNAC page on Facebook.

Stars of Hope, Buffalo Group voted in two reps Paris and Hannah, their group picked the entertainment committee. They are working on ideas and will be in contact with me soon.

There's Always Tomorrow, Syracuse Group voted Erin to be the NYNAC rep. The group has been working on voting on picking a theme for NYNAC 2015, and will also be designing the T-shirt.

Carly B from the Albany group has stepped up from Alateen to Sponsor! Her group decided Carly would be the NYNAC rep, and were thinking about taking on the Hospitality committee, but I just received a email from Carly last night, and she as informed me the group is really struggling with attendance and also the commitment level of sponsors. She seemed to be rather frustrated; I was hoping maybe someone from her district could reach out to her. She said they are on the verge of closing the group and have been having some behavioral issues, she didn't get into details but it seems maybe her district could help support her a little and see what they need.

I heard from the Ithaca sponsor Jean R, she said her group would like to participate but wasn't sure in what capacity yet, she group asked if they could call me this coming week while they are at their meeting. I do work nights so it will be a little tricky but I might be able to manage it!

We desperately need a group to step up for Program Chair. We need a group to pick meeting topics and develop a schedule. I am hoping a group steps up soon.

I did meet with Lynda C, the past NYNAC coordinator. She handed over all the NYNAC stuff to me and we discussed how she did things. Lynda was very organized and made things very easy for me to follow.

Other things I have been doing is reaching out to NY South and letting them know about NYNAC. I have sent an email to someone and she responded once. I will try to email her again once I have more information about NYNAC '15.

I have also been in contact with Peter M from Philadelphia. He has attended NYNAC a few times and brought teens. He has given me contact information for the Alateen Area Process person for the New Jersey, Pennsylvania, and Delaware area and talked about getting more information out about NYNAC as well. This may be a way to get some of our numbers up NYNAC, and having the teens join us from the Philadelphia area has been great!

Expenses:

No expenses thus far. NYNAC Account has a balance of \$1,253.89.

Check for Vanderkamp was \$500.00 for the deposit. Our remain balance with Vanderkamp is \$3305.00.

Breakdown of Vanerkamp-

Robert Lodge: \$1,025

Oscar Lodge: \$1,025

Meals based on 45 people in attendance Friday Night- Sunday Morning : \$1,755

Before we left Vanderkamp, Lynda and I sat with Penny and Bill, the new directors of Vanderkamp and signed a new contract and gave a check for the deposit. I also discussed with Penny and Bill ways we can keep cost down, we reserved 2 cabins but can cancel or add any cabin one month prior to NYNAC, that we are not locked into only 2 cabins.

Lynda C has a bank account at Citizens Bank with the past NYN treasure on the account as well. I have emailed Linda A and trying to figure out how we can get her on the account and switch Lynda C to me. I would like to keep Citizens bank if possible, its very close to my house and I also do my banking there as well, so for me for the next 3 years would be best. I am still working on that to see how to get Linda A on the account, there is not a citizens bank close to her.

So far this is what I have been able to accomplish. I plan to travel this spring and summer and try to meet with some Alateen and Alanon groups and discuss NYNAC. I think a big issue that we are having is that NYNAC isn't discussed in our districts. It's looked at like it's a teen thing, and I have seen it with my area as well. NYNAC may be a "teen" thing but it is very much a part of Alanon. So I would like to be able to educate Alanon members more on the importance of NYNAC, and what it means to the teens to have their support, and not just finically.

My biggest concern that I have seen thus far is LACK OF COMMUNICATION. I have a difficult time getting responses back from sponsors and teens when I reach out to them. So that is something I am working on as well.

Lastly is if there is a new Alateen group or an old one with low participation but a sponsor who is available, please inform your host Alanon group that NYNAC is looking for help and people to take committees. Alanon IS Alateen, so Alanon members can help with the Alateen groups as well. I know some groups only have one or two kids, so that would be a perfect time to reach out to the Alanon group and ask them to help you with the committee you picked. These are small suggestions, but the more we talk about it the more awareness is made about Alateen.

Thanks Walt for reading this for me and please if anyone has questions please call me at 716-392-1769 or email me at bchlds21@gmail.com

Bridget C.