

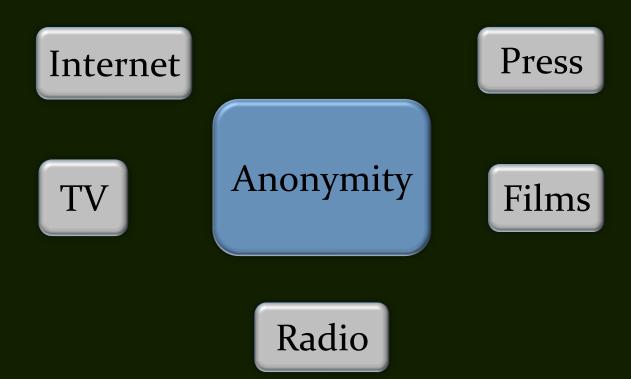
Technology & Anonymity

Do's and Don'ts / Myths and Facts

Tradition Eleven



• We are responsible.



Al-Anon & Technology



 Technology is changing at a rapid pace, introducing multiple new ways to interact with each other.



 As technology evolves, Al-Anon is finding ways to incorporate it, while being mindful of our tradition of anonymity.

About this Presentation



- On-line technology is diverse.
- It is constantly changing.
- Presentation is a resource for members.

E-mail for Al-Anon Related

Communications

DØN'TS

- Don't use an e-mail address that contains your last name, address, or phone number.
- Don't use your work e-mail.

DO

 Do establish e-mail addresses for service members that avoid the use of personal names. (e.g., treasurer@your_area.org)





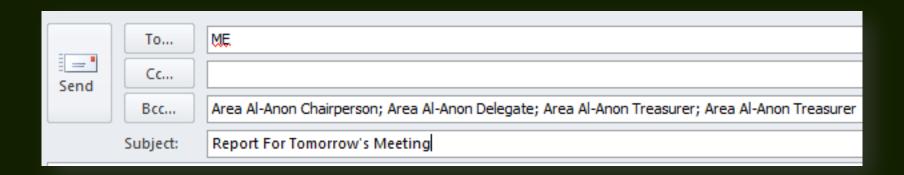
E-mail for Al-Anon Related

Communications



DO

• Do use blind carbon copy (Bcc).



Alateen Chat Rooms



MYTH

 Inappropriate communications can occur in an Alateen Chat Room.

FACT

 Members can only chat when two Alateen Group Sponsors are present to monitor communications.





MYTH

 We are completely anonymous on the Web.



FACT

 Web searches may reveal personal information about us.



MYTHS

- If you post something to an Al-Anon Web site, only Al-Anon members will see it.
- Password-protected sites are safe.

FACTS

- Anyone can visit an Al-Anon Web site and if your personal information is there, they can access it.
- Make passwords unique to your area.





DØN'TS

- Don't use your full name on Web site documents.
- Don't use an uncommon first name.

DO

 Do use only first name, position title, or pseudonym.





DØN'T

 Don't use your personal phone number or address on documents.

DO

 Do use Area office, AIS, or LDC information when a phone number or address is necessary.





DØN'TS

- Don't post flyers, newsletters, and other documents without review.
- Don't assume you are safe on a passwordprotected Web site.

DO'S

- Do review flyers, newsletters, and other documents when posting.
- Do use these precautions when posting on a password-protected Web site.

Members Photos Online



DØN'TS

- Don't use full-face images.
- Don't identify a person in photographs .

DO

 Do make sure the background of the photo doesn't expose a member before posting.



Social Media



MYTH

 Clicking "Like" or "Follow" on any Al-Anon social media site means I am a member of Al-Anon.

FACTS

- "Liking" or "Following" simply means you like the message.
- Your comfort level should be considered first.





Social Media

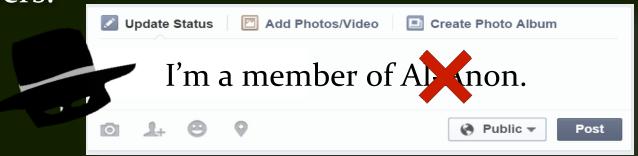
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DØN'TS

- Don't identify yourself as an Al-Anon member.
- Don't divulge the identity of Al-Anon or A.A. members.

DO

 Do share what you're comfortable with, without using the word Al-Anon.



Social Media



DO

 Do support Al-Anon's public outreach efforts through the use of social media.







Thank you for your participation in our presentation and your efforts to apply Tradition Eleven!

