

Literature Coordinator's Report for AWSC Meeting

(August 10, 2019)

It has certainly been a busy summer, and I am sure you can all attest to the same. Retirement has not slowed me down; it has simply shifted my focus. Now that I no longer have to set my alarm clock or travel ninety-two miles a day to and from work, I have dedicated most of my "free time" to my Al-Anon program and other facets of my personal recovery. Taking time for myself has always been a luxury, and now it is a necessity on a daily basis.

I have been involved with the Zoom meetings that the Alateen Interest Group has been holding each month. Talking with members from all over the state while sitting in front of my computer or in my car while waiting to attend a regular face-to-face meeting has opened a number of doors for me. I encourage everyone to reach out and touch someone in the days to come.

AFG Connects has also been a perpetual source of information for me. The request for members to share their experience, strength, and hope on the new link is a task I will contribute to on a regular basis now that I have the time and energy to do so. Here is the request that came from AFG Connects:

Share Your Experience, Strength, and Hope on the Member Blog

We are pleased to introduce a new feature on the al-anon.org website: A Member Blog where you can share your ESH on a variety of topics. The monthly topics should bring out a wide spectrum of experience, strength, and hope from members and newcomers alike.

We deeply appreciate your willingness to share your Experience, Strength and Hope. Sharings on the Member Blog could be used for future publications.

This month we're asking you to share on your favorite Al-Anon spiritual principles and why. Please visit the new Member Blog at: al-anon.org/for-members/members-resources/member-blog

I continue to write the monthly articles for the newsletter, although I must confess that I missed a few deadlines prior to retirement. I am hoping to be less remiss in my duties now that my focus is clearer and more refined.

My district is involved with a few projects these days. The members are working on the creation of literature posted on poster boards to help with public outreach. They hope to construct one for each meeting by the end of this year.

Many of the members have been attending a spirituality program called Alpha that complements one's understanding of what is most important to them in life, and helps us answer the basic question, "Is There More to Life Than This?" Balancing one's beliefs with a sense of community has made my Al-Anon program even stronger and more vital in my own life.

I look forward to seeing everyone at the Spring Assembly in Syracuse next month. Enjoy the rest of summer, and thank you for being such an important part of my life.

Mike R.