Here are some Totally Arbitrary Topics to play with:

- 1. Our next Personal Reader should be titled, *Reflections on How Ice Cream Has Made a Difference in the Alcoholic Home*.
- 2. In order to attract more teens to Alateen, should we serve ice cream at Alateen Meetings?
- 3. In order to attract more people to do service in Al-Anon should we gift a half-gallon of ice cream per month to those who step up to Area service for the first time?
- 4. In order to get more people to read the *NHL* newsletter should we have a topic about ice cream?
- 5. To increase attendance at our Assembly, should one of the Presentations be "How to make ice cream?"
- 6. Should our District Luncheon at our Assembly host an ice cream social called a "Paint and Lick Party? to promote greater attendance and a greater feeling of comradery?