

Rochester AIS Report May 2023

Rochester AIS has been very active over the last 6 months. Below are some highlights of our work.

- I. Rotation of Service
 - Several AIS positions have new officers in the various roles.
 - We do have one vacant position: co-chair
 - Voted to allow dual members into non-voting positions
- II. Rochester area hosted 2 AA with Al Anon participation Conventions this Spring
 - Flower City Fellowship Convention was held on March 3-5, 2023.
 - Al Anon members created a calendar raise money to support the Al anon portion of the program
 - Conference of the Lakes was held April 28-30 in Penn Yan
- III. Days of Sharing
 - Local districts held/will be holding day of sharing events
 - District 29 held day of sharing in October
 - District 25's day of sharing was held April 15th : focus on outreach

IV. Outreach

New Committee Chair hopes to build relationship with the New York North Outreach Coordinator to ensure our efforts are in line with those throughout the State

Here are some of the outreach programs currently in place:

- 1) A group goes every other Monday to Norris Clinic, a recovery center, to bring an AlAnon meeting to the residents. They rotate so no one goes too often.
- 2) A group goes to Jennifer House, a halfway home for women starting a new life, once a month.
- 3) We started a Beginner meeting on Saturday for those who have problems attending meetings during the week. The success is listening to the one-year attendee's talk about Al-Anon like they had been in the program for years.
- 4) One of our members has talked to Pre-trial folks about Al-Anon on a regular basis.
- 5) We have discussed Al-Anon with groups of Social Workers, city workers, Recovery meetings and AA meetings.
- 6) During the Pandemic, we donated Al-Anon literature to food banks to be put into food baskets.
- 7) Donated books to libraries in the county.
- 8) Put Al-Anon information about Zoom meetings in Church bulletins where meetings are held
- 9) Mail newcomer packets from requests made via website

V. Alateen

- Our local group meets- 7:30 pm Tuesdays at Irondequoit United Church of Christ. We are looking for more volunteers to sponsor groups in other areas
- Requesting volunteers to become AMIAS via multiple routes including the monthly newsletter and 1:1 requests for
- 5-6 consistent Alateens at Tuesday meeting
- AIS working to support the meeting as it is still fairly new and not yet ready to be fully self-supporting. Using the service manual to guide us in that process

VI. Zoom Accounts

- Currently Rochester AIS has 2 zoom accounts that are available to local meetings for a suggested \$3 monthly donation.
- Area districts are also able to request use of the zoom account to hold their monthly business meetings. One district recently started using this account which has increased monthly participation!

VII. New Website!

- Rochester AIS website has been updated.
- Check it out!
- www.aisrochester.org

VIII. Bylaws

- Bylaws for AIS Rochester have been updated, more accurately reflecting roles of officers and use of electronic media in Al-Anon.