



Stepping
into the
Light of
Gratitude

NYN 2025 AFG Spring Assembly and Al-Anon Convention with AA participation

RIT Inn and Conference Center
5257 W Henrietta Road
Henrietta, NY 14467

May 30, 31, June 1 - 2025

Friday	
3 pm - 9 pm	Registration
3 pm - 10 pm	Hospitality Room
3 pm - 9 pm	AFG and AA Literature, Baskets, 50/50 and Raffles
6 pm - 7 pm	Ice Breaker
6:15 pm - 7:15 pm	NYN Assembly
7:30 pm - 8:30 pm	Opening Speakers
8:45 pm - 9:45 pm	AFG Meeting
8:45 pm - 9:45 pm	AA Meeting

Sunday	
7 am - 9 am	Hospitality Room
7 am - 9 am	Literature
7 am - 7:45 am	Gentle Yoga
8:00 am - 9:00 am	AFG Fellowship
8:00 am - 9:00 am	Step 11 in Action: Meditation for Everybody
8:00 am - 9:00 am	AA Fellowship
9:15 am - 9:30 am	Music
9:30 am - 10:30 am	Spiritual Panel
10:30 am - 10:40 am	Closing Remarks

<p>To register please go to: nynafg.com</p>
<p>For room reservations call (585)-359-1800 (mention NYN AFG for room rate: \$129 + \$18.06 tax = \$147.06)</p>
<p>Panel and workshop topics to include: Grace and Gratitude, Step Study, HALT, Joy Sponsorship, Service Sponsorship</p>

Saturday	
7 am - 5:30 pm	Hospitality Room
7 am - 3 pm	Registration
7 am - 3 pm	AFG and AA Literature, Baskets, 50/50 and Raffles
7 am - 7:45 am	Gentle Yoga
8:00 am - 9:00 am	NYN Assembly
8:00 am - 9:00 am	Al-Anon Panel #1
8:00 am - 9:00 am	AA
9:15 am - 10:15 am	NYN Assembly
9:15 am - 10:15 am	Al-Anon Panel #2
9:15 am - 10:15 am	AA - Panel #1
10:30 am - 11:30 am	Delegate's Presentation
10:30 am - 11:30 am	AA - Panel #2
12:30 pm - 1:00 pm	Meet the NYN Coordinators
1:00 pm - 1:30 pm	Spirit Walk
1:45 pm - 2:45 pm	AFG Workshop #1
1:45 pm - 2:45 pm	Al-Anon Panel #3
1:45 pm - 2:45 pm	AA - Workshop #1
3:00 pm - 4:00 pm	AFG Workshop #2
3:00 pm - 4:00 pm	Al-Anon Panel #4
3:00 pm - 4:00 pm	AA - Panel #3
4:15 pm - 5 pm	District Gatherings
5:30 pm - 7 pm	DJ
6:00 PM	Buffet Banquet
7:00 PM	Countdown, Skit, Al-Anon main Speaker
9 pm - 10 pm	AFG Meeting
9 pm - 10 pm	AA Meeting

***Times and events are projected and subject to change

4/6/2025