

Ithaca Al-Anon Zoom links for local meetings

Saturday 10:30 am

Progress Not Perfection AFG 10:30 to 11:30 am (2)

Join Zoom Meeting <https://zoom.us/j/764828841>

Meeting ID: 764 828 841

Dial by your location

+1 929 205 6099 US (New York)

Saturday and Sunday 9AM

Join Zoom Meeting < <http://bit.ly/Sun9amZoom> >

Meeting ID: 642 934 101

Password 430260

Password 518Seneca

Dial by your location

+1 646 876 9923 US (New York)

Monday Monday Hope Meeting

7:00 – 8:00 pm

Join Zoom Meeting <https://zoom.us/j/9520153069>

Meeting ID: 952 015 3069

One tap mobile +1 929 205 6099,

Tuesday noon Keep it Simple AFG

Two Ways to Join the Zoom Meeting

*From your computer, smartphone or tablet**

1.) click the url: <https://us04web.zoom.us/j/2477344920>

2.) Enter meeting ID: 247 734 4920

By phone 1.) Dial: 1 (929) 205-6099 2.) Enter meeting ID: 247 734 4920#

Wednesday 9:30 am Restored To Sanity AFG

First Presbyterian Church, 315 North Cayuga St, Ithaca, NY 14850

Wednesday Ithaca College Al-Anon Zoom meeting

12 Noon

<https://ithaca.zoom.us/j/607097572?pwd=aXp1alhZQWt3MXdHSmFkc3dHQWdSQTO9>

Meeting ID: 607 097 572

Password: 744427

One tap mobile

+1 646 876 9923, US (New York)

Thursday 7:30 pm

Virtual Meeting only

Join Zoom Meeting <https://zoom.us/j/87394756663>

Meeting ID: 873 9475 6663

One tap mobile+

1 646 931 3860

Friday Morning 10:00 AM Join Zoom Meeting

<https://us02web.zoom.us/j/872539989>

Meeting ID: 872 539 989

One tap mobile

+1 929 205 6099 US (New York)

Alateen

Alateen Meeting - Monday 5:00 PM Hybrid (Online and In-Person)

Recovery Center - Upstairs

518 W Seneca St, Ithaca - 14850

[Click here to join the zoom meeting](#), the host will let you in (NYN teens only)

Note;

****If using a smartphone or tablet, you may need to download the Zoom app from the iTunes or Google Play stores.***

**DISTRICT 10 AFG
BINGHAMTON, CORTLAND and WAVERLY ELECTRONIC/PHONE MEETINGS
EFFECTIVE September 29, 2020**

MEETING NAME	DAY	TIME	PLATFORM	ACCESS CODE	PASSWORD, if required	TELEPHONE NUMBER
BINGHAMTON						
Chenango Bridge (St. Mark's Episcopal, Chenango Bridge)	Monday	7:00 – 8:00 pm	Go to Meeting	830 194 133		1-872-240-3212
Step Meeting (St.Vincent DePaul Church, Vestal)	Wednesday	10:00 – 11:00 am	ZOOM	607 727 9936	9Dancers	1-929-205-6099
Wednesday PM Group (Christ Church, Binghamton) <i>Note: code and phone number same as Tuesday night)</i>	Wednesday	7:45 – 8:45 pm	Go to Meeting	256 191 469		1-312-757-3121
Union Endicott AFG** (Northminster Presbyterian, Endwell)	Friday	8:00 – 9:00 pm	ZOOM	928 0261 4311	914416	1-646-558-8656
Saturday Night AFG (St. Paul's Episcopal, Endicott)	Saturday	7:00 – 8:00 pm	Go to Meeting	198 011 517		1-872-240-3311
CORTLAND						
Homer AFG (Homer Congregational Church, Homer)	Monday	7:30 – 8:30 pm	ZOOM	916 949 366	123456	1-646-558-8656
Cortland AFG (YWCA, Clayton Ave, Cortland)	Thursday	7:30 – 8:30 pm	ZOOM	908 527 787	123456	1-646-558-8656
12& 12 AFG (Grace & Holy Spirit Church, Cortland)	Sunday	7:30 – 8:30 pm	ZOOM	819 4787 1652	123456	1-646-558-8656
WAVERLY						

Save Our Sanity (Valley United Presbyterian Church, Waverly)	Friday	7:00 – 8:00 pm	Phone meeting only	225208		1-701-802-5222
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**** NOTE: UNION-ENDICOTT FRIDAY NIGHT MEETING IS NOW IN PERSON AT NORTHMINSTER AND VIA ZOOM.**